

Mapping Guide

DRAFT

LEVEL 3 CAMBRIDGE ADVANCED NATIONAL (AAQ) IN

HEALTH AND SOCIAL CARE

Certificate H105

Extended Certificate H125

For first teaching in 2025

**Mapping the Cambridge Advanced National in Health
and Social Care to Cambridge Technical Health and
Social Care Level 3: 05830–05833, 05871**

Introduction

Cambridge Advanced Nationals are our new Level 3 qualifications, available for first teaching in 2025. We've worked closely with teachers and representatives from higher education institutions throughout the development process to ensure that these qualifications are of the highest quality, preparing your students for their next steps.

These qualifications offer current, engaging content that is relevant for young people pursuing degree courses and careers across various fields. Students will learn and develop vital practical skills, which they can directly apply to real-life situations and professional scenarios. At the same time, they will also develop a solid foundation of theoretical knowledge and understanding necessary for their progression to university. We've designed these new qualifications to be accessible for all students.

We've created this mapping guide to help you move from the current Level 3 Cambridge Technicals qualifications to the new Cambridge Advanced Nationals qualifications. The guide clearly shows which content is the same as you are used to, and where new content has been introduced.

This mapping guide

In the tables that follow, you can see:

- new unit details including Topic Area (TA) numbers and titles
- how the new units map to the existing specification units that you may be familiar with
- which content is completely new to these qualifications
- which content from the existing specifications no longer features in the new qualification
- brief comments about the changes we've made.

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In each unit, you'll see we now have teaching content in Topic Areas instead of learning outcomes. Read more in the [specification](#).

Mapping detail

Cambridge Advanced National (AAQ) Health and Social Care		Cambridge Technicals Health and Social Care Level 3: 05830–05833, 05871		
F090 Principles of health and social care		Unit number	LO number	Comment
Topic Area number	Topic Area title			
				The types of settings are very clearly listed at the start of this unit. Childcare settings are not included.
1	Equality, diversity and rights in health and social care settings	2	1, 2 and 4.2	Much of the content for Topic area (TA) 1 is the same as Unit 2 Equality, diversity and rights in health and social care settings. The values of care in health and social care services and the values of care in childcare services (LO1.2) and support networks (LO1.3) have been removed. The types of discriminatory behaviour are clear and include those in 2.1 and 4.2 of current spec.

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F090 Principles of health and social care		Unit number	LO number	Comment
Topic Area number	Topic Area title			
2	Managing hazards, health and safety in health and social care settings	3	1.1	Much of the content is the same as unit 3 Health, Safety and Security in health and social care settings. Types of hazards are the same except the musculoskeletal bullet point has been removed but under working conditions we have put moving and handling and equipment used instead of temperature, noise and travel. Temperature and noise now appear under environmental. Slips and trips have been moved from environmental to physical hazards. Psychological hazards have been removed as a bullet point.
			1.2	In the new TA2.2 we have added infection and poor physical health and poor mental health to the possible impacts of hazards. Intentional and unintentional abuse are not explicit in the new specification as they are in 1.3 of the current specification.
			2.4 and 3.2	TA2.3 health and safety management covers risk assessments, policies and procedures. We have given clear content of what has to be taught for this section.
			4.1 and 4.2	TA2.4 In health and safety incidents in health and social care settings the number of types of incidents to include has been reduced. We have removed spillages, intruders, aggressive and dangerous behaviour and loss of water supply. We have added missing person.
				In the reporting to relevant authorities, we have added reporting to CQC.
				4.3 responsibilities of a first aider has been removed.

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F090 Principles of health and social care		Unit number	LO number	Comment
Topic Area number	Topic Area title			
3	Legislation in health and social care settings	2 3	3.1 and 3.3 2.1	The legislation and content for each piece of legislation that needs to be taught is very clear in TA 3. We have removed Food Safety legislation; Civil Contingencies Act; Human Rights Act and Children and Families Act. The new Health and Social Care Act 2022 has replaced the earlier Care Act 2014 and Health and Social Care Act 2012.
4	Best practice in health and social care settings	1 2 5 7 2	3.1; 3.2 4.1 3.1 and 3.2 1.1; 1.2; 2.1; 2.2; 4.2 4.1	<p>In TA4.1 person centred values are listed and teaching content is clear.</p> <p>TA4.2 we have added the 6Cs</p> <p>There is a link to Unit 5 infection control</p> <p>TA4.3 Safeguarding in health and social care settings covers some of Unit 7. In order to be able to explain the impacts of a lack of safeguarding, the types and signs and symptoms of abuse will need to be covered.</p> <p>TA4.4 covers unit 2 4.1 of current qualification.</p>

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Unit F091: Anatomy and physiology for health and social care		Unit number	LO number	Comment
Topic Area number	Topic Area title			
1	Cardiovascular system	4	1	The content for TA1 covers LO1 in the current qualification. The only difference is that in TA1.4 there are only 2 cardiovascular conditions to consider which are angina and deep vein thrombosis. For each condition there are clear diagnosis and monitoring methods along with treatments methods stated.
2	Respiratory system	4	2	The content for TA2 covers LO2 in the current qualification. The only difference is that in TA2.1 the epiglottis is included and in TA2.5 there are only 2 respiratory conditions to consider which are asthma and bacterial pneumonia. For each condition there are clear diagnosis and monitoring methods along with treatments methods stated.
3	Digestive system	4	3	The content of TA3 covers LO3 in the current qualification. The only difference is that in TA3.4 there are only 2 digestive conditions to consider which are bowel polyps and gallstones. For each condition there are clear diagnosis and monitoring methods along with treatments methods stated.
4	Musculoskeletal system	4	4	The content for TA4 covers LO4 in the current qualification. The only difference is that in TA4.3 there are only 2 conditions to consider which are carpal tunnel syndrome and osteoarthritis. For each condition there are clear diagnosis and monitoring methods along with treatments methods stated.

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Unit F091: Anatomy and physiology for health and social care		Unit number	LO number	Comment
Topic Area number	Topic Area title			
5	Control and regulatory systems	4	5	<p>Not all the structures of the brain are included in TA5.1. There is a clear list of which parts need to be included.</p> <p>In TA5.2 there is some reference to the endocrine system but not in the same detail as LO5.4. TA5.2 states clearly what needs to be included.</p> <p>In TA5.3 there are only 2 conditions to consider and these are Ischaemic Strokes and Type 2 Diabetes. For each condition there are clear diagnosis and monitoring methods along with treatments methods stated.</p>
6	Reproductive system			This is new content.

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Unit F092: Person-centred approach to care		Unit number	LO number	Comment
Topic Area number	Topic Area title			
1	Taking a person-centred approach	6	1, 2 and 3	TA1 is very similar to most of LO1 and LO2. The only piece of legislation that needs to be looked at is knowing that the Care Act 2014 supports person-centred care. We have removed the role of the Local Authority (LO1.6). We have also removed the historic view and the challenges to person-centred care (LO2.5 and LO2.6). LO3 – The tools that need to be included are clearly listed in 1.5.1 and 1.5.3.
2	Meeting needs and providing support in a person-centred way	6 1	3.4 3.1	The requirements for TA 2 are clear compared to the current unit where needs and support are much more implicit rather than clearly listed. There is more on how the individual can be supported and who can support the individual.
3	Communication skills needed to offer person-centred care	1	2 and 4	TA3 is covered in Unit 1 in the current qualification– methods of communication and how to use effective communication in interactions

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Unit F093: Supporting people with mental health conditions		Unit number	LO number	Comment
Topic Area number	Topic Area title			
1	Definitions and views of mental health	17	1	<p>TA1.1 links to LO1.1 but we do not need to cover the historical view and terminology related to mental health/illness.</p> <p>TA1.2 covers how society views mental health and looks at both the positive and negative influences on how we see mental health.</p>
2	Mental health conditions	17	1	<p>TA2.1 is similar to LO1.2.</p> <p>TA2.2 We have given a clear list of signs and symptoms to focus on.</p> <p>TA2.3 Instead of the possible causes listed in LO1.4 we have given individual factors which can increase the risk of suffering from mental health conditions.</p> <p>TA2.4 is similar to LO1.5 although it includes the effects on family and friends, not just the individual.</p>
3	Provision of mental health services	17	2.2 -2.5	<p>TA3.1 is similar to LO2.2 – 2.5. We have added mental health services in the local area as well national.</p> <p>TA3.2 'Referral to different services' is new.</p> <p>TA3.3 'Practitioners who work in mental health' - the roles of these practitioners are more explicit in TA3.3 compared LO2.2-2.5.</p> <p>TA3.4 The only two pieces of legislation required in this unit are the Mental Health Act 2007 and the Mental Capacity Act 2005. The exemplification section clearly states what the students need to learn about each piece of legislation.</p>

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Unit F093: Supporting people with mental health conditions

Topic Area number	Topic Area title
4	Treatment and support for mental health conditions

Unit number

LO number

17

2.1

Comment

TA4.1 is similar to LO2.1 but there is more detail of what to include for each type of treatment.

TA4.2 links to the current M1 and M2 assessment criteria but we have made TA4.2 much clearer as to what needs to be covered.

TA4.3 'Person-centred approaches to support people with mental health conditions' is new.

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Unit F094: Supporting people with long term physiological conditions		Unit number	LO number	Comment
Topic Area number	Topic Area title			
1	Long term physiological conditions	14	1	<p>TA1.1 is along the lines of LO1.1 but we have removed chronic illness from the list of conditions.</p> <p>TA1.2 causes of the conditions is similar to LO1.2 but we have removed birth injury.</p> <p>TA1.3 signs and symptoms of the conditions are the same as LO1.3 but we have added how signs and symptoms progress over time.</p>
2	Monitoring and treatment	14	2	<p>The monitoring methods for TA2.1 is the same as LO2.2 but we have added Lung (Pulmonary) Function Tests; Beck Depression Inventory (BDI); Sweat Tests; Prostate Specific Antigens (PSA) levels. In the new specification we have also explicitly included the advantages and disadvantages of each of the methods of monitoring for the service, the patient and the medical condition.</p> <p>TA2.2 is similar to LO2.3 but we have given a clearer list of treatments to include and we are also asking for the advantages and disadvantages of treatment methods for the service, the patient and the medical condition.</p> <p>TA2.3 is the same as LO2.4</p> <p>TA2.4 'Future developments for the condition' is new to this specification.</p>

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Unit F094: Supporting people with long term physiological conditions		Unit number	LO number	Comment
Topic Area number	Topic Area title			
3	Impact of long -term conditions	14	2.1	<p>TA3.1 is the similar to LO2.1 except that we have included emotional daily impact to the list and how the effects can be different in different life-stages. We have also included the effects on family and friends not just the individual.</p> <p>TA3.2 'Long term impacts' is an extension to the daily impacts. We have made this more explicit.</p>
4	Support individuals to plan their care and support	14	3	<p>TA4.1 and 4.2 link to LO3.2, 3.3 and 3.4. We have added in private health care.</p> <p>TA4.3 links to LO3.1 but we are only studying the NICE guidelines specifically related to each condition.</p>

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Unit F095: Investigating public health strategies		Unit number	LO number	Comment
Topic Area number	Topic Area title			
1	Understanding public health	24	1.2	TA 1.1 similar to LO1.2 in unit 24 looking at the definitions of public health
				TA1.1.2 focus is on aims of public health, protection, promotion and prevention.
		15	1.3	TA1.2 'The benefits of public health on society' links to LO1.3 in Unit 15 but we have widened the benefits to include public safety and economic prosperity.
		24	1.3	TA1.3 'Key themes in public health' links to parts of several different units e.g. Unit 24 LO1.3; ageing populations links to Unit 18 LO1 and 3; lifestyle choices links to Unit 15 LO1.4; public mental health links to Unit 17; child and maternal health links to Unit 13. The exact content to include is clear in the exemplification for each of the key themes.
		15	1.4	
		18	1 and 3	
			1	
		17	2-5	TA1.4 links to Unit 15 LO3 and we have added health services and support available.
		13		
		15	3	

Unit F095: Investigating public health strategies		Unit number	LO number	Comment
Topic Area number	Topic Area title			
2	Responding to public health challenges	24	2	<p>TA2.1 'Current strategies to improve public health' links LO2 in unit 24 and also LO2.3 and 2.4 in unit 15. We have given examples for each key theme from TA1.3. We want the focus to be how current strategies relate to the aims in Topic Area 1.1.2; protection, promotion and prevention.</p> <p>TA2.2 'Approaches to addressing public health challenges' links to unit 15. Approaches to influencing behaviour change links to LO4.3 and the communication methods used links to LO4.4</p> <p>TA2.3 'Public health organisations and their roles'- whilst some of these are implicit in the current qualification, we have included clear guidance as to what to include for local, national and international organisations.</p> <p>TA2.4 'Settings and practitioners involved in public health' links to LO2.6. We have given clear examples of practitioners that work in each type of setting.</p>
		15	2.3 and 2.4	
		15	2.1	
3	Proposing public health strategies	15	4	<p>TA3.1 links to Unit 15 LO4. We have included gathering information/ statistics to justify the need for action, along with bias and ethical considerations.</p> <p>TA3.2 Whilst some research is implicit in the current Unit 15, we have made research methods and sources explicit for the new qualification.</p>

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Unit F096: Supporting people in relation to sexual health, pregnancy and postnatal health

Topic Area number	Topic Area title
1	Advice and guidance on sexual health issues

Unit number	LO number
13	1

Comment

TA 1.1 is the same as LO1.1.

TA1.2 there is more emphasis on safe sex and the physical, intellectual, emotional and social (PIES) effects of safe sex and contraception. We have also added DAMS and Pre-Exposure Prophylaxis to methods of safe sex. Pregnancy testing also comes into TA1.2

TA1.3 is much the same as the STIs in LO1.2. Again, there is also a focus on the PIES effects on STIs

TA1.4 'Women's and men's sexual health issues' is mainly new except for screening methods.

TA1.5 'Other sources of support for sexual health issues' is new

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Unit F096: Supporting people in relation to sexual health, pregnancy and postnatal health		Unit number	LO number	Comment
Topic Area number	Topic Area title			
2	Advice and guidance on pregnancy, birth and post-natal issues	13	2, 3 and 4	<p>TA2.1 is similar to LO2. There is more specific detail relating to addressing fertility issues in men and women.</p> <p>TA2.2 This links to LO3. There is more specific detail given on which pregnancy screening tests to cover. There is also a focus on the PIES effects of pregnancy on the individual and their relationships.</p> <p>TA2.3 very similar to LO4. There is a focus on PIES effects of pregnancy and birth on the individual and their relationships.</p> <p>TA2.4 'Postnatal considerations' – links to LO4.3 and LO4.4 and LO5.2 (feeding only) but there is more specific detail of what to cover in TA2.4 for example in the section on recovery from birth. Feeding baby is only up to first month.</p> <p>TA2.5 'Other sources of support' links to LO4.3 and LO4.4 but there is much more specific detail on what to cover in TA2.5 including the Lactation consultant and private sector support</p>
3	Plan, deliver and review an advice and guidance session			This is new

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Unit F097: Supporting healthy nutrition and lifestyles		Unit number	LO number	Comment
Topic Area number	Topic Area title			
1	Dietary and activity needs of individuals	10	1 and 2	LO1 and 2 covers TA 1.1. TA1.2 'Physical activity guidelines and energy balance' is new and not in current qualification.
2	Factors that influence dietary choices and physical activity levels	10	3	TA2.1 is covered by most of LO3 but we have removed food labelling from here, that comes into TA 3.2. TA2.2 is related to LO3.1 but now it only covers digestive disorders which are clearly listed. TA2.3 'Factors that influence physical activity levels' is new and not in the current qualification. TA2.4 'Understanding factors relating to diet and physical activity levels' is mainly new and not in the current qualification.
3	Supporting individuals to plan meals that meet their needs	10	1, 2 and 4	TA3.1 applies knowledge from LO1, LO2 and has some similarities with LO4. TA3.2 links to LO1.4 – food labelling. TA3.3 'Supporting social interaction at mealtimes' is new and not in the current qualification.

New content not in the Cambridge Technical specification

Cambridge Advanced National unit number	Cambridge Advanced National unit	Cambridge Advanced National Topic Area number	Cambridge Advanced National Topic Area
F090	Principles of health and social care	4.1	The 6Cs.
F091	Anatomy and physiology	6	Reproductive system.
F093	Supporting people with mental health conditions	3.2	Referral to different services.
		4.3	Person-centred approaches to support people with mental health conditions.
F094	Supporting people with long term physiological conditions	2.4	Future developments for the condition.
F095	Investigating public health strategies	3.2	Research methods and sources.
F096	Supporting people in relation to sexual health, pregnancy and postnatal health	3	Plan, deliver and review an advice and guidance session.
F097	Supporting healthy nutrition and lifestyles	1.2	Physical activity guidelines.
		2.3	Factors that influence physical activity levels.
		2.4	Understanding factors relating to diet and physical activity level.
		3.3	Supporting social interaction at mealtimes is new and not in current qualification.

Cambridge Technical content not in the Cambridge Advanced National

Cambridge Technical unit number	Cambridge Technical unit title	Cambridge Technical LO number	Cambridge Technical LO title
4	Anatomy and Physiology	LO6	Understand the sensory systems, malfunctions and their impact on individuals.
13	Sexual health, reproduction and early development stages	LO5	Understand the care and development of the baby in the first year of life. (Except that bottle and breast feeding are included TA2.4).
14	The impact of long-term physiological conditions	LO4	Know about end-of-life care.
24	Public Health	LO1.1	Legislation and regulations.
8	Creativity and activity for children and young people	Whole unit removed.	
9	Supporting people with learning disabilities	Whole unit removed.	
11	Career planning for HSC	Whole unit removed.	
12	Promote positive Behaviour	Whole unit removed.	
16	Supporting people with dementia	Apart from link to health promotion strategies this unit is not included in the new qualification.	
19	Creative activities for adults	Whole unit removed.	
20	Principles of youth work practice	Whole unit removed.	
21	Looked after children and young people	Whole unit removed.	
22	Psychology for health and social care	Whole unit removed.	
23	Sociology for health and social care	Whole unit removed.	

Appendix

Cambridge Technical qualification units and learning outcome (LO) titles

Unit number	Unit title	LO number	LO title
1	Building positive relationships in HSC	LO2	Understand the factors that influence the building of relationships.
		LO3.1	Understand how a person-centred approach builds positive relationships in health, social care or child care environments.
		LO4	Be able to use communication skills effectively to build positive relationships in a health, social care or child care environment.
2	Equality, diversity and rights in health and social care	LO1	Understand concepts of equality, diversity and rights and how these are applied in the context of health, social care and child care environments.
		LO2	Understand the impact of discriminatory practices on individuals in health, social care and child care environments.
		LO3	Understand how current legislation.
		LO4	Understand how equality, diversity and rights in health, social care and child care environments are promoted.
3	Health, safety and security in health and social care	LO1	Understand potential hazards in health, social care and child care environments.
		LO2	Understand how legislation, policies and procedures promote health, safety and security in health, social care and child care environments.
		LO3	Understand the roles and responsibilities involved in health, safety and security in health, social care and child care environments
		LO4	Know how to respond to incidents and emergencies in a health, social care or child care environment.

Unit number	Unit title	LO number	LO title
4	Anatomy and physiology for health and social care	LO1	Understand the cardiovascular system, malfunctions and their impact on individuals.
		LO2	Understand the respiratory system, malfunctions and their impact on individuals.
		LO3	Understand the digestive system, malfunctions and their impact on individuals.
		LO4	Understand the musculoskeletal system, malfunctions and their impact on individuals.
		LO5	Understand the control and regulatory systems, malfunctions and their impact on individuals.
5	Infection Control	LO3	Be able to control the spread of infection.
6	Personalisation and a person-centred approach to care	LO1	Understand personalisation in health and social care.
		LO2	Understand what is meant by a person-centred approach to care.
		LO3	Understand methods used to implement a person-centred approach.
7	Safeguarding	LO1	Understand types and signs of abuse.
		LO2	Understand factors which may lead to abusive situations.
		LO4	Understand how to deal with suspected abuse and disclosures of abuse.
10	Nutrition for health	LO1	Know nutritional and diet guidelines.
		LO2	Understand the functions of nutrients.
		LO3	Understand factors which influence nutritional health.
		LO4	Be able to make recommendations to improve nutritional health.
13	Sexual health, reproduction and early development stages	LO1	Understand sexual health and contraception.
		LO2	Understand the importance of prenatal health and the process of conception.
		LO3	Know the factors which could affect health in pregnancy and the success of the birth.
		LO4	Understand the stages of pregnancy and birth and the postnatal care of the mother.

Unit number	Unit title	LO number	LO title
14	The impact of long-term physiological conditions	LO1	Know what long-term physiological conditions are; their causes and symptoms.
		LO2	Understand effects of long-term physiological conditions.
		LO3	Be able to support individuals with long-term physiological conditions to plan their care and support.
15	Promoting health and wellbeing	LO1	Understand reasons for maintaining a healthy lifestyle.
		LO2	Understand the use of strategies and campaigns and the roles of professionals in promoting health and wellbeing.
		LO3	Understand factors that influence responses to the promotion of health and wellbeing.
		LO4	Be able to implement and evaluate a campaign promoting health and wellbeing.
17	Supporting people with mental health conditions	LO1	Know the main concepts, types, causes and effects of mental health conditions.
		LO2	Be able to support individuals with mental health conditions to plan their care, treatment and support.
18	Caring for older people	LO1	Understand the ageing process.
		LO3	Understand the potential vulnerability of older people.
24	Public Health	LO1	Understand systems for the protection and promotion of public health.
		LO2	Understand public health strategies.

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